



NSW JUNIOR METROPOLITAN CHAMPIONSHIPS SYDNEY OLYMPIC PARK AQUATIC CENTRE 2 - 3 MARCH 2019

Session 1 Saturday 2 March, 9:00am					Session 2 Saturday 2 March NOT BEFORE 12:30pm				
B	G				B	G			
1		11-13 Years	400m	Freestyle	23		12/13 Years	200m	Freestyle
	2	11-12 Years	400m	Freestyle		24	12 Years	200m	Freestyle
3	4	10 & Under	100m	Backstroke	25	26	10 & Under	50m	Backstroke
5	6	11 Years	200m	Individual Medley	27	28	11 Years	50m	Backstroke
7		12/13 Years	100m	Breaststroke	29		13 & Under MC	50m	Backstroke
	8	12 Years	100m	Breaststroke		30	12 & Under MC	50m	Backstroke
9	10	10 & Under	200m	Individual Medley	31		12/13 Years	100m	Backstroke
11	12	11 Years	100m	Freestyle		32	12 Years	100m	Backstroke
13		12/13 Years	200m	Backstroke	33	34	10 & Under	100m	Butterfly
	14	12 Years	200m	Backstroke	35	36	11 Years	200m	Freestyle
15	16	10 & Under	50m	Freestyle	37		12/13 Years	400m	Individual Medley
17	18	11 Years	50m	Breaststroke		38	12 Years	400m	Individual Medley
19		13 & Under MC	50m	Butterfly	39	40	10 & Under	200m	Freestyle
	20	12 & Under MC	50m	Butterfly	41	42	11 Years	100m	Breaststroke
21		12/13 Years	50m	Butterfly	43		12/13 Years	50m	Breaststroke
	22	12 Years	50m	Butterfly		44	12 Years	50m	Breaststroke
Session 3 Sunday 3 March, 9:00am					Session 4 Sunday 3 March NOT BEFORE 12:30pm				
B	G				B	G			
45		12/13 Years	50m	Backstroke	67	68	11 Years	200m	Butterfly
	46	12 Years	50m	Backstroke	69		12/13 Years	200m	Breaststroke
47	48	11 Years	200m	Breaststroke		70	12 Years	200m	Breaststroke
49	50	10 & Under	100m	Freestyle	71	72	11 Years	50m	Freestyle
51		12/13 Years	100m	Freestyle	73		13 & Under MC	50m	Freestyle
	52	12 Years	100m	Freestyle		74	12 & Under MC	50m	Freestyle
53	54	10 & Under	100m	Breaststroke	75		12/13 Years	200m	Butterfly
55	56	11 Years	100m	Butterfly		76	12 Years	200m	Butterfly
57		12/13 Years	100m	Butterfly	77	78	10 & Under	50m	Breaststroke
	58	12 Years	100m	Butterfly	79		12/13 Years	50m	Freestyle
59	60	11 Years	100m	Backstroke		80	12 Years	50m	Freestyle
61		13 & Under MC	50m	Breaststroke	81	82	11 Years	200m	Backstroke
	62	12 & Under MC	50m	Breaststroke	83		12/13 Years	200m	Individual Medley
63	64	10 & Under	50m	Butterfly		84	12 Years	200m	Individual Medley
65		12/13 Years	800m	Freestyle	85	86	11 Years	50m	Butterfly
	66	12 Years	800m	Freestyle					

IN EVENT 1, MEDALS WILL BE AWARDED IN THE FOLLOWING AGE GROUPS: 11 YEARS, 12 YEARS & 13 YEARS

IN EVENT 2, MEDALS WILL BE AWARDED IN THE FOLLOWING AGE GROUPS: 11 YEARS & 12 YEARS

IN 12/13 YEARS BOYS EVENTS MEDALS WILL BE AWARDED IN THE FOLLOWING AGE GROUPS: 12 YEARS & 13 YEARS

AGE AS AT 2 MARCH 2019

ENTRIES CLOSE 5PM TUESDAY 19 FEBRUARY 2019

ENTRY FEE \$18 PER INDIVIDUAL EVENT



**NSW JUNIOR
METROPOLITAN CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
2 - 3 MARCH 2019**

Qualifying Times – Boys

FREESTYLE		13yrs	12yrs	11yrs	10yrs & Under
	50m	30.05	32.20	34.15	36.40
	100m	1:03.50	1:08.00	1:12.50	1:16.00
	200m	2:19.00	2:26.75	2:35.50	2:43.00
	400m	4:53.00	5:16.80	5:28.10	
	800m	10:25.00	10:44.00		
BACKSTROKE	50m	36.05	38.00	39.90	42.30
	100m	1:16.00	1:20.00	1:24.00	1:28.00
	200m	2:44.00	2:52.50	3:03.00	
BREASTSTROKE	50m	41.10	43.30	46.90	49.05
	100m	1:26.50	1:31.00	1:37.50	1:42.50
	200m	3:05.70	3:16.40	3:30.00	
BUTTERFLY	50m	35.10	38.20	41.10	44.25
	100m	1:13.00	1:19.50	1:25.50	1:32.00
	200m	2:48.00	2:51.70	3:05.70	
INDIVIDUAL MEDLEY	200m	2:38.00	2:47.20	2:55.50	3:00.50
	400m	5:40.00	5:46.90		

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Qualifying Times - Girls

FREESTYLE		12yrs	11yrs	10yrs & Under
	50m	32.50	34.60	36.80
	100m	1:09.50	1:13.50	1:17.00
	200m	2:29.30	2:37.00	2:47.50
	400m	5:12.00	5:30.00	
	800m	10:51.00		
BACKSTROKE	50m	38.22	40.00	43.00
	100m	1:22.00	1:26.00	1:31.00
	200m	2:52.70	3:00.00	
BREASTSTROKE	50m	43.75	46.90	49.00
	100m	1:33.00	1:38.00	1:43.50
	200m	3:18.55	3:31.00	
BUTTERFLY	50m	38.00	41.35	45.20
	100m	1:20.00	1:26.00	1:34.50
	200m	3:00.00	3:06.75	
INDIVIDUAL MEDLEY	200m	2:49.25	2:59.00	3:10.00
	400m	5:52.00		

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Qualifying Times - Multi-Class

WOMEN					
	FREE	BACK	FLY		BREAST
S1	2:13.81	2:18.14		SB1	2:54.53
S2	2:06.76	2:12.14		SB2	2:06.32
S3	1:37.70	1:43.56	1:38.84	SB3	1:34.40
S4	1:05.91	1:22.20	1:34.68	SB4	1:31.03
S5	1:01.17	1:08.60	1:08.16	SB5	1:20.83
S6	56.19	1:12.57	1:01.03	SB6	1:13.24
S7	52.67	1:02.47	58.28	SB7	1:10.77
S8	49.14	1:00.37	56.56	SB8	1:01.11
S9	45.78	52.94	52.50	SB9	1:00.17
S10	44.35	56.78	54.33		
S11	54.29	1:04.63	1:01.05	SB11	1:09.89
S12	43.71	52.45	49.59	SB12	1:01.28
S13	42.69	53.65	48.93	SB13	57.50
S14	45.16	50.79	48.42	SB14	57.41
S15	42.73	50.40	47.65	SB15	55.73
S16	49.44	57.00	53.04	SB16	1:07.32
MEN					
	FREE	BACK	FLY		BREAST
S1	1:49.73	2:16.77	3:18.48	SB1	2:37.08
S2	1:40.97	1:48.36	2:55.88	SB2	1:34.52
S3	1:16.69	1:28.57	1:43.48	SB3	1:22.83
S4	59.12	1:16.82	1:15.79	SB4	1:18.44
S5	54.79	1:01.73	1:02.82	SB5	1:10.89
S6	48.02	57.05	50.70	SB6	1:04.03
S7	44.57	55.62	48.86	SB7	1:00.57
S8	41.85	52.56	46.81	SB8	56.46
S9	40.76	48.90	45.74	SB9	52.25
S10	36.54	46.26	42.07		
S11	43.60	54.27	52.61	SB11	58.27
S12	38.68	47.19	43.41	SB12	51.42
S13	38.47	45.63	42.64	SB13	49.59
S14	39.44	47.47	42.37	SB14	47.24
S15	37.22	43.51	40.57	SB15	45.79
S16	43.08	51.36	45.48	SB16	53.04

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